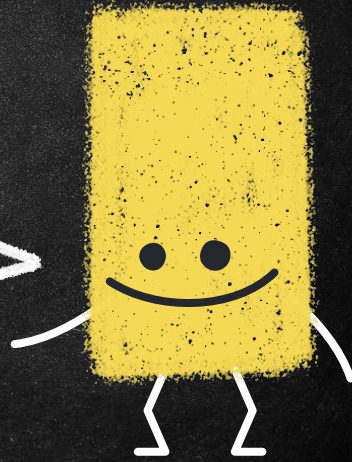
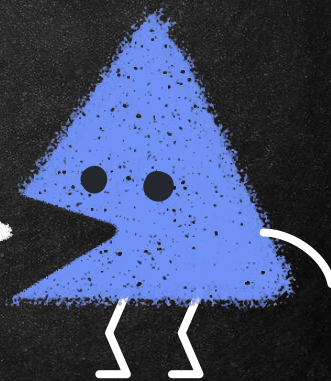


LET'S TALK
ABOUT:
BULLYING AND
TEASING



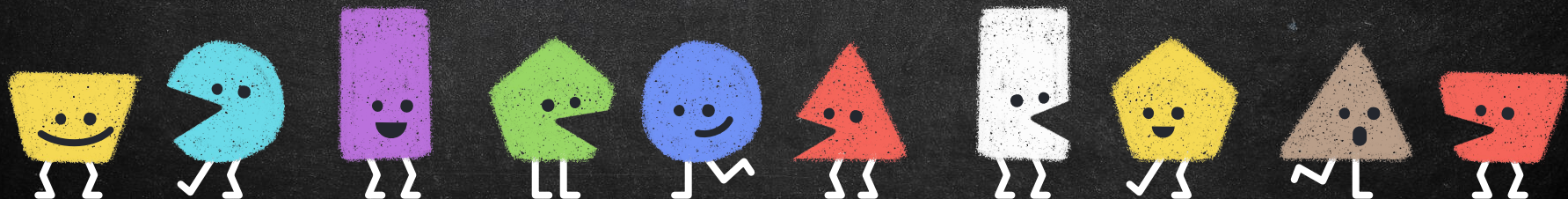
OBJECTIVES

- Defining bullying & teasing behaviors
- Recognizing the various types of bullying behavior
- Understanding school response to bullying
- Strategies & resources to use at home





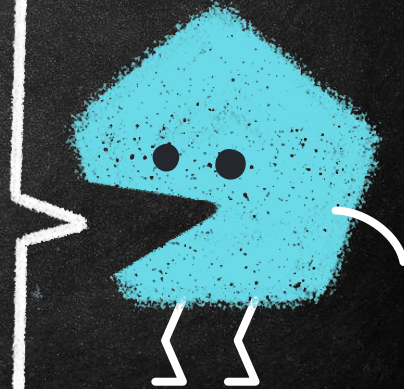
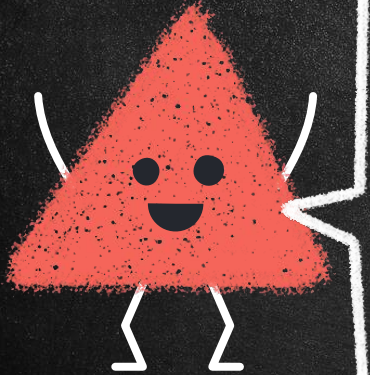
LET'S TAKE A QUIZ!



BULLYING DEFINITION

JULY 01, 2019, CALIFORNIA ED CODE

- BEHAVIOR MUST BE UNWANTED AND SEVERE OR PERVASIVE
- REASONABLE LIKELIHOOD OF ONE OR MORE OF THE FOLLOWING EFFECTS:
 - FEAR OF HARM
 - SUBSTANTIALLY DETRIMENTAL EFFECT ON PHYSICAL OR MENTAL HEALTH OF PUPIL(S)
 - SUBSTANTIAL INTERFERENCE WITH
 - ACADEMIC PERFORMANCE OR
 - ABILITY TO PARTICIPATE IN OR BENEFIT FROM SCHOOL SERVICES, ACTIVITIES, OR PRIVILEGES





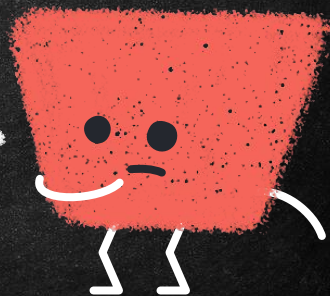
Bullying

Bullying is unwanted behavior in which one person is usually exerting power or control over another. It has the intention of causing harm. There is no desire to be friends.



Teasing

Teasing may be unwanted, and it can be hurtful, but there is not intent to cause harm. There is usually a desire to maintain the relationship.



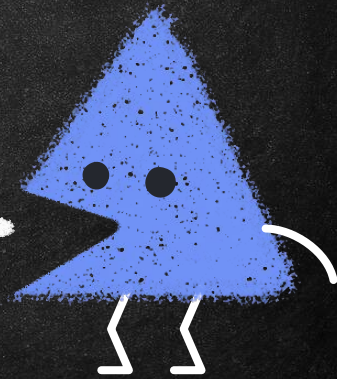
BULLYING VS. CONFLICT

Bullying

Bullying is unwanted behavior in which one person is usually exerting power or control over another. It has the intention of causing harm. There is no desire to be friends.

Conflict

Conflict is any disagreement, struggle, clash or fight between two or more persons of equal power. They typically disagree on a specific item. Both parties are engaging in the behavior.



CONTINUUM OF UNWANTED BEHAVIORS

Socially Unacceptable

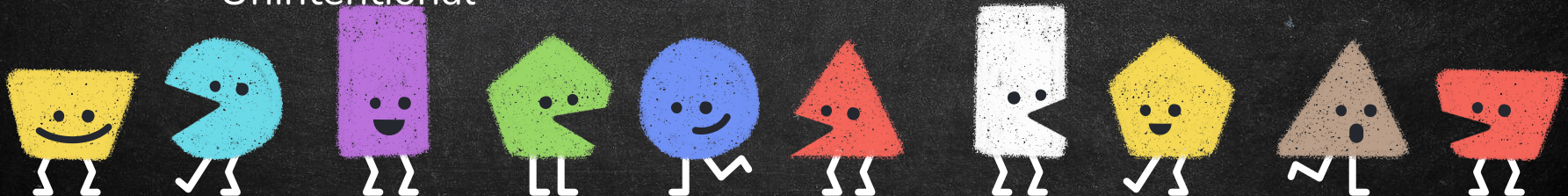
Rude
Insensitive
Thoughtless
Inconsiderate
Selfish
Random
Isolated
Unintentional

Bullying

Cruel
Predatory
Persistent
Consistent
Pervasive
Intentional
Targeted

Criminal

Hate crime
Assault
Rape
Child Abuse



BULLYING THEN AND NOW



TYPES OF BULLYING



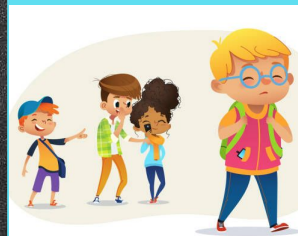
Physical



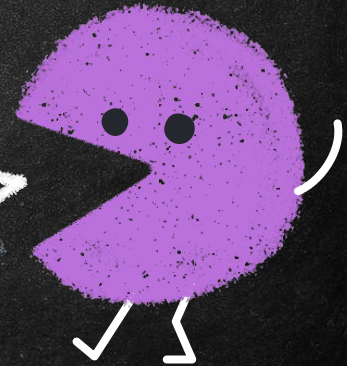
Cyber



Verbal



Social

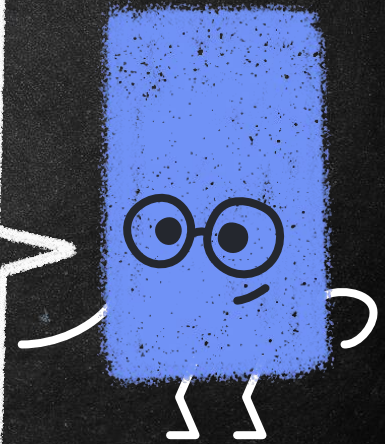


MEDIA THEN AND NOW



CYBERBULLYING PREVENTION

- Check your child's phone (with child present) periodically
- Limit app downloads to apps approved by you
- Recognize that you can only limit what happens in your home, and your child may have friends with other privileges and access
- Know your child's friends and their families

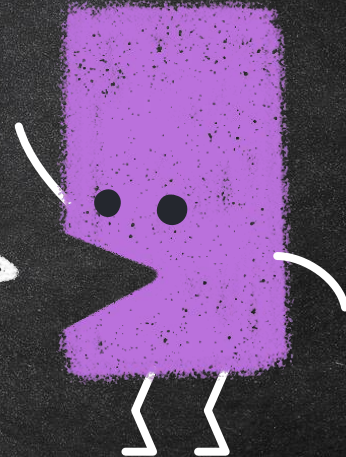


Cyberbullying Response

Direct student(s) not to respond to
electronic messages

Student(s) or parent should print or save
message or images for evidence

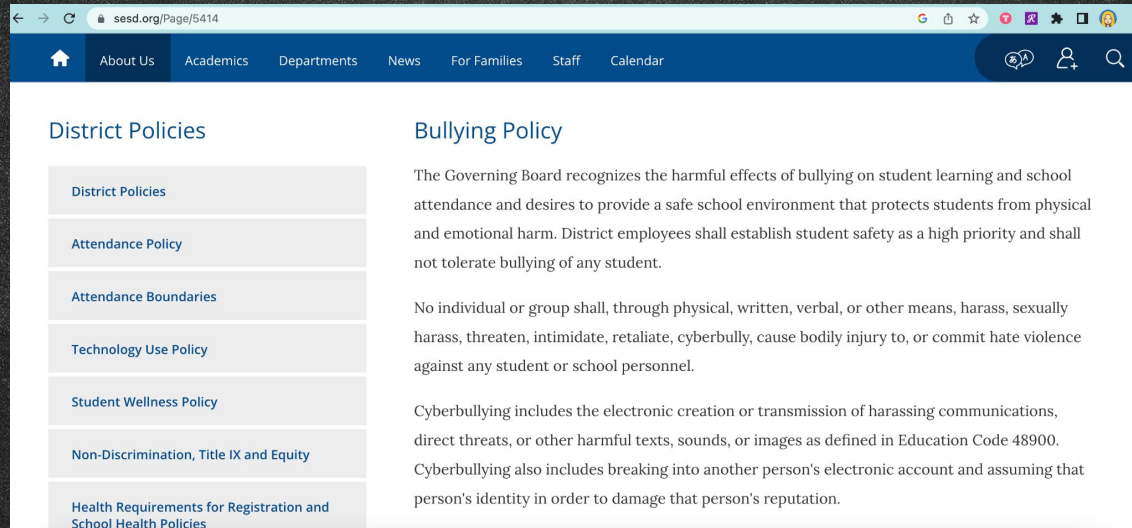
Parents /guardians are encouraged to
report the threats directly to the service
provider (e.g. Verizon, AT&T) and
law enforcement.



Bullying Prevention and Response: Laws and Policies

California Education Codes 200, 220, 233, and 48900.3

Sunnyvale School District Board Policy 5131.2



The screenshot shows a web browser displaying the Sunnyvale School District website. The address bar shows 'sesd.org/Page/5414'. The navigation menu includes 'About Us', 'Academics', 'Departments', 'News', 'For Families', 'Staff', and 'Calendar'. The main content area is titled 'District Policies' and lists several policies: 'District Policies', 'Attendance Policy', 'Attendance Boundaries', 'Technology Use Policy', 'Student Wellness Policy', 'Non-Discrimination, Title IX and Equity', and 'Health Requirements for Registration and School Health Policies'. The 'Bullying Policy' is highlighted, and its text is displayed on the right side of the page.

District Policies

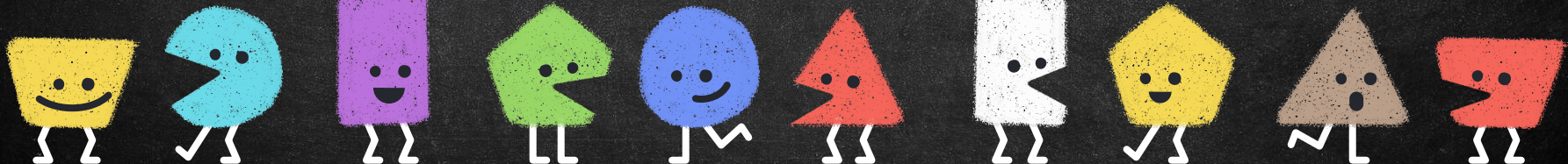
- District Policies
- Attendance Policy
- Attendance Boundaries
- Technology Use Policy
- Student Wellness Policy
- Non-Discrimination, Title IX and Equity
- Health Requirements for Registration and School Health Policies

Bullying Policy

The Governing Board recognizes the harmful effects of bullying on student learning and school attendance and desires to provide a safe school environment that protects students from physical and emotional harm. District employees shall establish student safety as a high priority and shall not tolerate bullying of any student.

No individual or group shall, through physical, written, verbal, or other means, harass, sexually harass, threaten, intimidate, retaliate, cyberbully, cause bodily injury to, or commit hate violence against any student or school personnel.

Cyberbullying includes the electronic creation or transmission of harassing communications, direct threats, or other harmful texts, sounds, or images as defined in Education Code 48900. Cyberbullying also includes breaking into another person's electronic account and assuming that person's identity in order to damage that person's reputation.

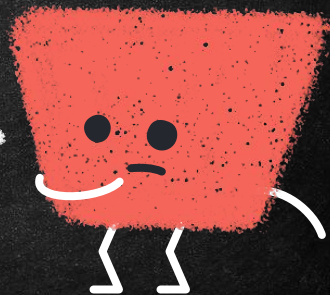


REPORT BULLYING CONCERNS

- Email the school administration with your concerns. Be sure to include answers to the following:
 - Who was involved?
 - Where and when did the incident occur?
 - Were there any other witnesses?
 - Has this happened before?
 - Did you report this or a previous incident to anyone else?

rachelle.romander@sesd.org

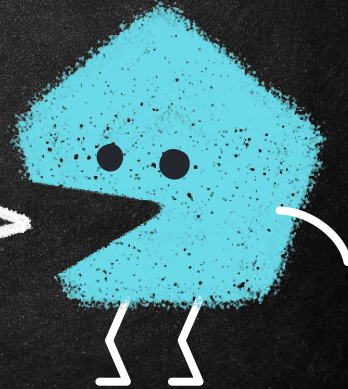
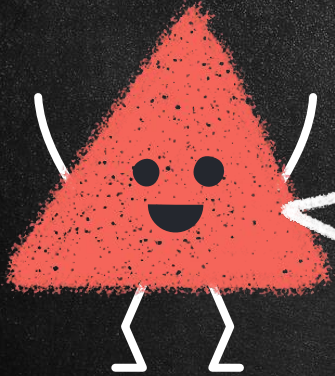
shana.riehl@sesd.org



STAFF WILL INVESTIGATE:

Student and adult interviews will be conducted to determine if the behavior is:

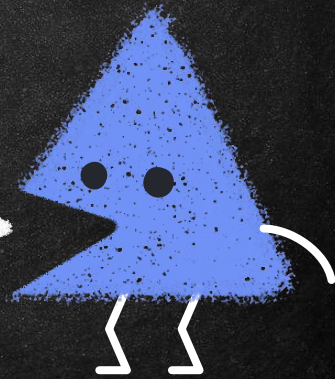
- ☐ bullying
- ☐ teasing
- ☐ hazing
- ☐ hate/bias, discrimination
- ☐ possible crime (assault, sexual battery)
- ☐ child abuse
- ☐ All of the above
- ☐ None of the above
- ☐ Uncertain - Sometimes it is unclear



CONFIDENTIALITY IS MAINTAINED WHENEVER POSSIBLE

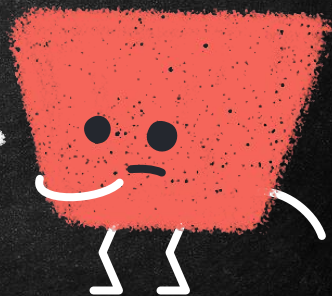
Following the investigation,

- Follow-up & maintain communication with the parents/guardians of all involved parties.
- Confidentiality will be maintained in all communication
- Able to discuss findings and follow-up related to your student, but will not discuss the follow-up for other students.



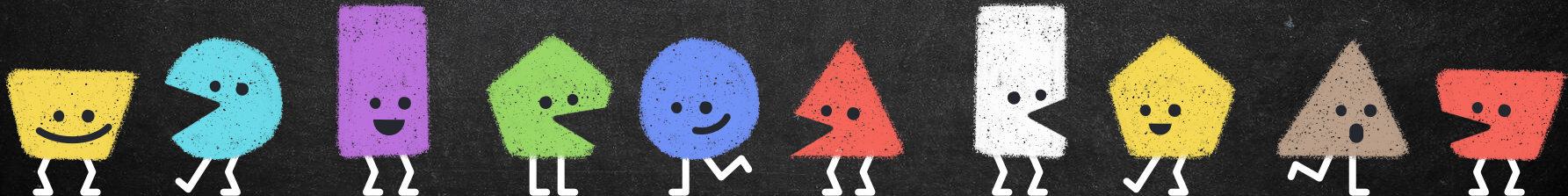
MONITORING AFTER INVESTIGATION

- Staff will monitor interactions at school to support all students
- Staff will periodically check-in with students
- Students are welcome to check-in with staff at any time.

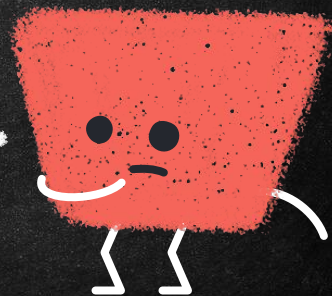
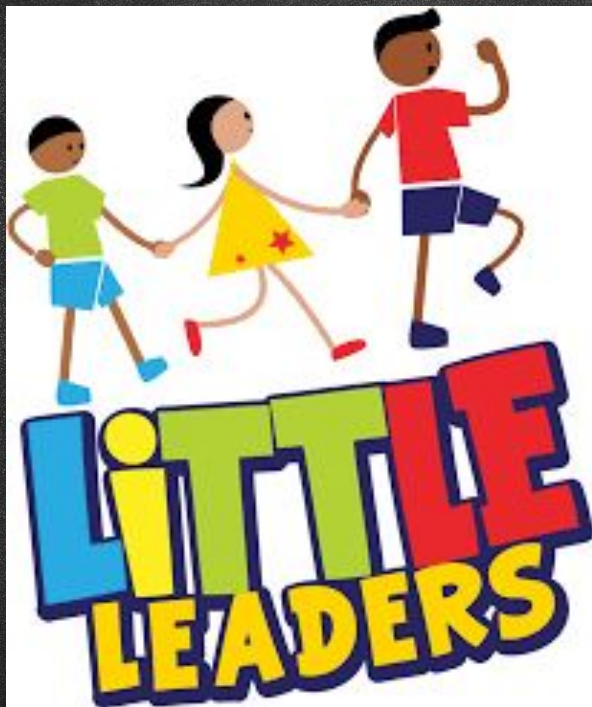


Teach Resiliency & Social-Emotional Skills

- For the Bully: Teach empathy & impulse control.
 - Determine if the “bully” has also been victimized.
- For the Target: Teach resilience, build self-esteem, role play appropriate responses, develop safety plan & emphasize reporting.
- For Bystanders: To speak up and get help for the target, get involved.

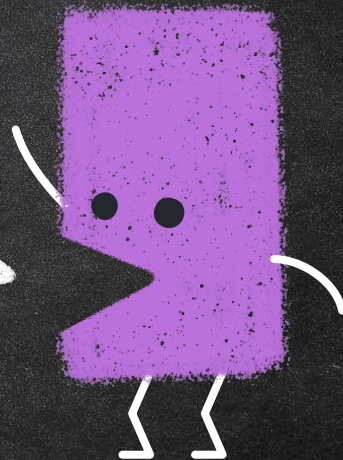


WHAT'S THE DIFFERENCE BETWEEN A
LEADER AND A BULLY?



Both are popular, but....

- Bullies lead through intimidation for personal gain
- Leaders lead through inspiration for the good of all.



Family Resources

Sunnyvale School District Bullying Policy

<https://www.sesd.org/Page/5414>

Bullying Prevention and Intervention Tips

<https://www.adl.org/sites/default/files/Bullying-Prevention-and-Intervention-Tips-for-Families.pdf>

What to do if Your Child Exhibits Bullying Behavior

<https://www.adl.org/sites/default/files/What-to-Do-if-Your-Child-Exhibits-Bullying-Behavior.pdf>

The “Grown Folks” Guide to Popular Apps in Social Media

<http://www.adl.org/education-outreach/bullying-cyberbullying/c/popular-apps-in-social-media.html#.VwQE4cL2ahc>

